

# Communication Learning and Autism Support Service

## **CLASS Training Programme 2021-22**

A Training programme for East Sussex County Council school staff



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## An Overview of the CLASS Training Programme

### Who are 'CLASS'?

CLASS is an education support service that falls within the East Sussex County Council ISEND umbrella. We are committed to offering support and training at an individual or whole school level in the areas of Autism, Speech, Language and Communication Needs (SLCN) and Specific Learning Difficulties (SpLD). Our schools are neurodiverse places and we are firm believers that all East Sussex schools should embrace and celebrate difference. We support schools to be inclusive and to improve the outcomes of neurodiverse children and young people.

### The training on offer

CLASS delivers courses that vary in length from whole days to shorter workshops. Courses are run several times throughout the year with different days and time so that everyone can find something that fits with their own circumstances. CLASS delivers a range of training models:

- Extended on-line training courses with our training partner OLT
- Face-to-face training courses at venues centrally located in the county
- Virtual delivery of training using platforms such as Microsoft Teams

### How much does the training cost?

CLASS on-line or venue-based training courses are free.

### Who can book onto our training?

East Sussex County Council and academy school staff are eligible to attend our training.

### How can you book?

Training events can be repeated throughout the year. Follow the booking instruction for each training session to find out about dates and venues. You will be directed to Eventbrite which will have further information about booking your place.

## Amazing Me! Neurodiversity

Amazing Me is a highly successful programme that focuses on encouraging all school staff in both primary and secondary schools to 'flip the narrative' of neurodiverse children and young people and to view them through a positive lens. By focusing on our children's interests and what they are good at we can strengthen relationships, improve engagement in learning and increase self-esteem! A range of dates are available throughout the year.

### What school staff have said about the Amazing Me! Workshops so far:

'Loved the videos and case studies – Inspiring!'

'What can we do to keep thinking in this positive way?'

'Helpful resources, good ideas, food for thought – thank you!'

'Thank you! A very informative session. Lots to take away. Great variety to keep everyone focused too!'

'Helpful resources, good ideas, food for thought – thank you!'

## Amazing Me! Neurodiversity Primary



### Amazing me! Neurodiversity- Webinar for Primary Schools

Our primary staff training workshop looks at the strengths and successes of a range of neurodiverse children. It provides strength-based strategies that will enable staff to make informed adjustments and adaptations that better suit all pupils. This training will be delivered on-line.

Click [here](#) for dates and booking details.

### How to plan and run an Amazing Me! Neurodiversity KS 1 and 2 Assembly Webinar

This workshop provides training for and access to our Amazing Me! Assemblies and lesson plans. The focus will be to improve confidence and knowledge of primary school staff in discussing neurodiversity with their pupils. The Amazing Me! Neurodiversity pupil assemblies are engaging and interactive and will improve children's understanding of neurodiversity, promote difference, encourage peer support and friendship across the key stages. Staff can be supported to plan and deliver an Amazing Me! Neurodiversity whole school event through our promotional resources. Delegates will get the most from this training if they attend the Amazing Me! Neurodiversity webinar first. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Amazing Me! Neurodiversity- Secondary



### Amazing me! Neurodiversity- Webinar for Secondary Schools

Our secondary staff training workshop looks at the strengths and successes of a range of neurodiverse young people. It provides strength-based strategies that will enable staff to make informed adjustments and adaptations that better suit all pupils. This training will be delivered on-line.

Click [here](#) for dates and booking details.

### How to plan and run an Amazing Me! Neurodiversity Secondary Assembly Webinar

This workshop provides training for and access to our Amazing Me! Assemblies and lesson plans. The focus will be to improve confidence and knowledge of secondary staff in discussing neurodiversity with their pupils. The Amazing Me! Neurodiversity pupil assemblies are engaging and interactive and will improve young people's understanding of neurodiversity, promote difference, encourage peer support and friendship across the key stages. Staff can be supported to plan and deliver an Amazing Me! Neurodiversity whole school event through our promotional resources. Delegates will get the most from this training if they attend the Amazing Me! Neurodiversity webinar first. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## OnLine Training- OLT

CLASS are training partners with OLT and provide specialist tutor support for a selection of OLT training courses. Learners can study in their own time and this flexibility makes it useful for school staff.



## OLT Dyslexia

OLT Dyslexia is an online training programme designed with SEND specialists and is evidenced-based. Following the course, 96% of delegates said they felt confident to meet the needs of their pupils with literacy needs and dyslexia. The course is aimed at all school staff who work with children between 4 and 18 years of age.

The course includes:

- The main characteristics of dyslexia and other associated difficulties
- The role of working memory
- Assessing co-occurring difficulties
- The principles of intervention founded in research
- Practical strategies to use across the curriculum.

You will:

- Study online with a specialist tutor from CLASS
- View real case studies across all ages and settings
- Contribute to discussions with other professionals
- Set goals and interventions
- Have access to quality resources
- Study for around 20 hours
- Receive a certificate of online completion.

Click [here](#) for dates and booking details.

## OLT Autism

OLT Autism is an online training programme designed with SEND specialists and is evidenced-based. Following the course, 96% of delegates said they felt confident to meet the needs of their pupils with autism.

The course includes:

- Describe the distinguishing features of autism
- Identify potential atypical sensory responses to environment
- Evaluate particular behaviours and their implications for learning
- Design and plan interventions to support behaviour and communication.

You will:

- Study online with a specialist tutor from CLASS
- View real case studies across all ages and settings
- Contribute to discussions with other professionals
- Set goals and interventions
- Have access to quality resources
- Study for around 20 hours
- Receive a certificate of online completion.

Click [here](#) for dates and booking details.

## OLT SLCN

OLT SLCN is an online training programme designed with SEND specialists and is evidenced-based. Following the course, 96% of delegates said they felt confident to meet the needs of their pupils with speech, language and communication needs.

The course includes:

- The impact of SLCN on access to the curriculum and social inclusion
- Receptive, expressive and pragmatic language difficulties
- The impact of the language environment
- Importance of assessment and the data it can provide
- Strategies for including children with SLCN.

You will:

- Study online with a specialist tutor from CLASS
- View real case studies across all ages and settings
- Contribute to discussions with other professionals
- Set goals and interventions
- Have access to quality resources
- Study for around 20 hours
- Receive a certificate of online completion.

Click [here](#) for dates and booking details.

## OLT Dyspraxia and Motor Coordination Difficulties

OLT Dyspraxia and Motor-Coordination Difficulties is an online training programme designed with SEND specialists and is evidenced-based. Following the course, 96% of delegates said they felt confident to meet the needs of their pupils with dyspraxia and motor-coordination needs.

The course includes:

- The main features of motor learning difficulties
- How motor co-ordination affects students
- The purposes and types of assessment and the professionals involved
- The process of motor acquisition
- Techniques and interventions for teaching motor skills.

You will:

- Study online with a specialist tutor from CLASS
- View real case studies across all ages and settings
- Contribute to discussions with other professionals
- Set goals and interventions
- Have access to quality resources
- Study for around 20 hours
- Receive a certificate of online completion.

Click [here](#) for dates and booking details.

## Makaton

### Virtual delivery

CLASS and CITES will be delivering a joint virtual training programme of Makaton for all levels, 1 to 4 Makaton aimed at schools & professionals. This is delivered online using MS Teams across 2 half days. There is a small charge for delegates covering the cost of the training manuals and this will be invoiced separately. Planned training dates will be sent to schools early in term 1, 2021.

### School-based training

For schools that have many staff to train with a minimum 10 delegates, face-to-face delivery can also be considered. There is a small charge for delegates to cover the cost of the training manuals and this will be invoiced separately. Face-to-face training will be delivered in 1 day within the school setting. CLASS currently able to offer 12 schools across the County this opportunity.

### New 2021-22 Using Makaton with Singing

Using Makaton with Singing is a fun and easy way to learn to use signs with singing for young children. Signing and singing have been shown to encourage the development of communication and language skills and are beneficial for vocalisation, confidence, social skills, emotional development, well-being, and self-esteem. No prior experience of using Makaton or singing needed!

To express an interest and to find out further details please contact:

Sandra Bowen [Sandra.bowen@eastsussex.gov.uk](mailto:Sandra.bowen@eastsussex.gov.uk)

Karen Wilmshurst [Karen.wilmshurst@eastsussex.gov.uk](mailto:Karen.wilmshurst@eastsussex.gov.uk)

## Bullseye!

Do you have pupils who are struggling to learn to read high frequency words (HFWs)? Bullseye! is a precision teaching programme designed to teach the National Literacy Strategy HFW in a fun and engaging way. Dig out your Bullseye! pack or purchase a new one and come along to this practical workshop to find out how to get the most out of Bullseye! and learn how to play the games. Contact CLASS if you need more Bullseye! resources. This training will be delivered at a venue.

Click [here](#) for dates and booking details.

## Busy Box

Busy Box is a new training developed by CLASS to help improve fine motor skills in children. It is primarily aimed at Foundation Stage and Year 1 but may be appropriate for older Primary children too.

The course is highly practical and will:

- Introduce you to the Busy Box Guide.
- Explain the assessment materials to identify a starting point for your pupil.
- Explain how you can set up your own 'Busy Box' for individual pupils.
- Give you an opportunity to try out and play with a range of fine motor activities.
- Provide you with the time to make some resources to take away with you.

Bonus: All schools will be given their own copy of the Busy Box Guide to keep. This training will be delivered on-line.

Click [here](#) for November date and booking details

Click [here](#) for March date and booking details

## Comic Strip Conversations

This workshop will introduce comic strip conversations created by Carol Gray and give you an opportunity to review tools and examples. You will develop an understanding of the benefits for learning and the rationale behind the approach. You will develop skills in using a communication system for pupils who may be struggling with verbal expression and social understanding. There will be practical opportunities to complete conversation drawings and to systematically identify actions, behaviours, and thoughts. Learn how to provide visual representations of the different levels of communication that take place in a conversation, using symbols, drawings, and colour. Use stick figures and symbols to represent social interactions and abstract aspects of conversation. Gain practical experience of using questioning about a specific situations or type of social interaction. Learn how comic strip conversations can be used to problem solve current issues and to develop plans for situations in the future that may be causing anxiety. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Communicating through Symbols

Learn how to support children with poor verbal communication skills by introducing symbols as a means of communication. Being able to communicate is pivotal to success in school, both academically and socially, and using symbols can open up a world otherwise closed off to children with poor verbal skills. A hands-on, practical session which will walk through the stages used to support children to communicate using symbols, from understanding that the symbol represents an object to creating sentences and using these to make their needs known. This training is suitable for primary and secondary school staff. This training will be delivered on-line.

Click [here](#) for November date and booking details.

Click [here](#) for March date and booking details.

## Creating a Communication Friendly Environment 1- The Role of the Adult

This workshop will focus on your role as the adult within your school and how your use of language and communication strategies will impact on the development and progress of the children you work with, giving you the opportunity to collect and share practical ideas through discussion and activities. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Creating a Communication Friendly Environment 2- Use of Visuals

This workshop will focus on the use of visuals to provide an appropriate learning environment for children with varying language and communication needs, giving you the opportunity to collect and share practical ideas through discussion and activities. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Creating a Communication Friendly Environment 3- Providing Opportunities for Communication

This workshop will focus on understanding the importance of providing children and young people with opportunities to communicate and how to do this within your school, giving you the opportunity to collect and share practical ideas through discussion and activities. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Differentiating Learning for KS2 Pupils

Find out about some common barriers to learning and progress for pupils in KS2. Learn how to identify the strengths and needs of pupil in KS2 who may be struggling to make progress. CLASS will show you how to differentiate teaching and learning in a practical and supportive environment. Hear about strategies and practical interventions to enable struggling learners to improve progress and engagement in your school. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Emotional Regulation- Primary

Find out why some children find it difficult to self-regulate. In this training, you will gain knowledge of how to support children with the recognition of emotions and the development of regulation strategies. You will gain an understanding of materials and strategies can be used including the 'Zones of Regulation' framework. You will be given examples and suggestions on how to implement material with individuals, small groups and/or the whole school. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Emotional Regulation- Secondary

Find out about what may be underpinning self-regulation challenges for young people. You will gain knowledge of how to support young people with the recognition of emotions and the development of regulation strategies. You will gain an understanding of what materials and strategies can be used including the 'Zones of Regulation' framework. You will be given examples and suggestions on how to implement material with individuals, small groups and/or the whole school. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## How to Develop Shared Attention and Listening Skills using the 'Bucket Time' Approach

This is a practical workshop, designed to show school staff how the 'Bucket Time' approach can be used to improve attention and listening skills, both one-to-one and in groups. This workshop will teach you the stages a child will progress through from being able to focus for a few minutes at a time to being able to attend and listen for longer periods of time. By the end of using this approach a child should have the skills necessary to access learning in a mainstream classroom. This training will be delivered on-line and at a venue.

Click [here](#) for September on-line date and booking details.

Click [here](#) for other venue-based dates and booking details.

## Jump Ahead and Sensory Circuits

In this training you will gain a deeper understanding of developmental co-ordination disorder (DCD) and sensory integration (SI). You will have a clearer idea of the difference between Sensory Circuits and Jump Ahead so that you can choose which programme is most suitable for each individual pupil. We will give you the knowledge you need to assess, plan and implement the Sensory Circuits and Jump Ahead programmes in your setting. You will have the opportunity to try out activities from both programmes. This training will be delivered on-line and at a venue.

Click [here](#) for on-line October date and booking details.

Click [here](#) for venue-based May date and booking details.

## LanguageLink

Find out about why Language Link is an important assessment tool. Learn how to set up and run language groups in your school. Learn about useful classroom resources and how to use them. Have an opportunity to problem solve with colleagues from other schools and to explore resources that can be

shared with parents. This training is delivered in two sessions. This training will be delivered on-line.

Click [here](#) for October dates and booking details.

Click [here](#) for February/March dates and booking details.

## Lego Based Therapy

Discover the true value of the Lego in your school as you learn how to create resources and run sessions of Lego-based therapy. Watch as pupils focus, communicate and work as a team to create something together, building social skills, attention and listening, language and collaborative working abilities. This is a practical hands-on training, with opportunities to experience Lego-based therapy as well as support with how to set it up in your school. This training will be delivered at on-line and at a venue.

Click [here](#) for October dates and booking details.

Click [here](#) for January and June dates and booking details.

## Maths: Concrete to Abstract

Find out why some children find it difficult to retain and retrieve numeracy knowledge. Learn how to use and develop resources to support children to retain and recall facts and procedures in a fun way. You will have a hands-on experience in using multi-sensory resources to support learning and intervention of abstract concepts such as place value. The training is aimed at teaching assistants and individual needs assistants. Sessions will be delivered on-line or at a venue.

Click [here](#) for September date and booking details.

Click [here](#) for March date and booking details.

## Personalised Learning for Reading (PLR)

The PLR intervention has been widely recognised as successful and is included in 'What works for pupils with literacy difficulties?' by Greg Brookes from the University of Sheffield, commissioned by the DfES. The intervention requires a staff member to work 1-1 with a pupil, at least 3 times a week (approx. 20 mins per session), for 12 weeks. Schools must send a teacher who is the SENCo or Literacy Coordinator, and a TA who will train together on this 2-day course. Applicants must be available to attend both days.

Bonus: Schools will be given a PLR file containing assessment for learning resources, and resources for use in the teaching sessions. This training will be delivered at a venue.

Click [here](#) for dates and booking details.

## Precision Monitoring for Precision Teaching

The Precision Teaching approach is a method of planning and teaching to meet the needs of an individual who is experiencing difficulty with acquiring or maintaining skills. It involves using short one-minute tasks to support the building of a skill. It has inbuilt monitoring functions to evaluate the effectiveness of the teaching methods and to track the progress the child makes very carefully, making changes to ensure the child is learning as effectively and quickly as they can. This highly practical workshop will show you how to apply the precision teaching approach, giving you opportunities to practice each stage and incorporate existing good practise. You will have all the resources and knowledge you need to apply the approach immediately in your school. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Sensory Integration and Creating a Sensory Environment

The ability to process and act on sensory stimuli in a controlled and coherent way is vital for effective functioning in the classroom and beyond. However, for

many of our young people, this is a challenge. This training will help you understand what sensory processing is; the impact sensory processing difficulties can have on the individual; and provide you with some practical adaptations for the environment and ideas to address individual needs. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## SpeechLink

This training will give you a comprehensive introduction to using the Speech Link programme. Learn about why supporting speech development is important. Have an opportunity to practise using the Speech Link assessment tool and resources to deliver effective interventions. This training is delivered over two sessions. This training will be delivered on-line.

Click [here](#) for December dates and booking details.

Click [here](#) for May dates and booking details.

## Speed Up! How to use the Speed Up! Programme

This highly practical workshop will show you how 'Speed Up' can be used to support the development of fluent handwriting in a fun and active way. It is primarily for use with children from Year 3 to Year 8 whose handwriting may be characterised as slow, illegible and lacking fluency. The programme can however also be used for children over 13 years of age who want to improve their handwriting. CLASS will teach you how to use 'Speed Up' to develop kinaesthetic awareness. You will see how children and young people are helped to internalise and develop control over rhythms and patterns of movement, as well as appropriate levels of pressure to apply when writing. Improvements in these areas will in turn support children to write with improved fluency and speed. This training will be delivered at a venue.

Click [here](#) for dates and booking details.

## Spelling Games

This fun and interactive workshop will help you improve the spelling in your class. You will be shown several different ways you can teach spelling and will get a chance to try out some multisensory resources. You will also be taught how to use the CLASS Spelling games pack for consolidation and practice.

Bonus: All schools will receive a pack of generic spelling games to take away with them. This training will be delivered at a venue.

Click [here](#) for dates and booking details.

## Supporting Struggling Writers

This is a training day for teachers working with pupils in the early stages of writing development. This course raises awareness of all aspects of the writing process and how to identify barriers to writing, by looking at the underlying skills needed. It provides assessment for writing and good practice strategies/interventions for supporting children. This training will be delivered at a venue.

Click [here](#) for dates and booking details.

## Understanding and Supporting Pupils with a PDA profile

Find out about the features of a demand avoidant profile and common issues that may occur at school. Learn about the background and some theories linked to demand avoidance. Look at the impact on different areas of a pupil's life. Hear about intervention options, workable strategies and methods of supporting these pupils. Learn about a range of measures to help pupils re-engage with learning, consider a flexible package and use of range of approaches. Delegates must have completed an autism training i.e. CLASS Core Autism training. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## Using the Dyslexia Screening Test -J (DST-J)

Learn how to administer and interpret the Dyslexia Screening Test – Junior (DST-J) to build a profile of strengths and weaknesses for pupils experiencing marked and persistent difficulty in learning to read, write and spell. The training takes you through a protocol for identifying dyslexia and then focuses on each of the DST-J subtests in detail. You will have an opportunity to do some tests and practise scoring them. For interested secondary schools, most of this training is relevant. Secondary delegates will have the opportunity to look at the two additional DST-S subtests at the end of the day. This training will be delivered at a venue.

Click [here](#) for dates and booking details.

## Women and Girls with Autism

Find out about current thinking and developments relating to girls with autism including a valuable overview of the autism spectrum. Hear personal stories and case studies. Gain knowledge of how some girls on the spectrum present in different ways to their male peers. Gain an understanding of the implications for friendships, school life and long-term outcomes. Learn about strategies to support girls within school. Delegates must have completed an autism training, i.e. CLASS Core autism training. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## WordAware

Find out about the importance and impact of developing vocabulary with your pupils. You will gain knowledge of how to put curriculum guidance about vocabulary into practice and build on good practice. You will have the opportunity to explore practical and inspiring ideas that can easily be applied by busy classroom practitioners to develop both spoken and written vocabulary. You will receive resources and ideas to apply immediately. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## WordAware Workshop

Learn how 'Word Aware' can be used with a small group of children identified as requiring an additional level of pre-teaching of classroom and/or topic vocabulary. Learn how to put a group together, run a session and have fun teaching the target vocabulary. Please note, you must have attended the whole day 'Word Aware' training to attend this workshop. This training will be delivered on-line.

Click [here](#) for dates and booking details.

## CLASS training terms, conditions and cancellation policy

Class Training Terms, Conditions and Cancellation Policy All training events can be booked through Eventbrite Links found in the CLASS training Programme brochure. All school staff delegates should seek permission to attend training from their line managers. It is not the responsibility of CLASS to gain permission from schools for potential delegates. When registering, delegates will be asked to agree to the terms, conditions, and cancellation policy. Delegates will need to use their school email address for the registration process. This email address will be used for sending an MS Teams meeting invite prior to the training, if the training is delivered on-line. All CLASS training events will close registration two weeks prior to the training event. All

registered delegates will receive a confirmation email with any additional information and will then receive an MS Teams invite in the week before the training if the training is on-line.

Registering on CLASS training events is on a first come, first served basis.

Delegates who have not formally enrolled for a training event should not access Teams links provided to other delegates. Non-attendance at training events may be for genuine reasons but consideration needs to be given to other delegates who may have been unsuccessful in securing a place on the training. Your cooperation with this would be appreciated. All delegates will receive an evaluation to complete and upon receipt of this, CLASS will send a certificate of attendance.

Should a delegate need to cancel their place on a training course, CLASS will require as much notice as possible. Please log in to Eventbrite to cancel your place. If CLASS need to cancel a training event, delegates will be informed and provided with information about alternative dates where available.

## Contact details

If you have any questions about the CLASS Training Programme, please contact us:

Telephone 01273 336887

Email [CLASS@eastsussex.gov.uk](mailto:CLASS@eastsussex.gov.uk)

Alternatively, contact your CLASS Link Adviser who can answer your questions.