



# Example of two way communication/consultation with parents and carers HALO Excellence Award

## Evidence of two way communication/consultation with parents and carers

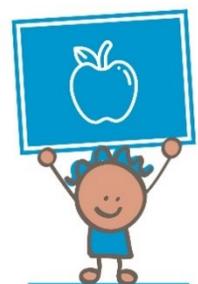
As part of the NEW HALO-East Sussex programme, participating settings have the opportunity to apply for one of two NEW awards. The HALO Award or the HALO Excellence Award. These awards focus on recognising the ongoing commitment of early years settings to support the health and wellbeing of children, staff and families as part of an evidence based, whole setting approach. They also recognise continued improvement and the embedding of best practice.

### RECOGNITION AWARD CRITERIA

***'Submit evidence of two-way communication/consultation with parents and carers on two different health and wellbeing areas'***

Many settings engage with parents and carers on issues relating to health and wellbeing. There are various ways in which settings can support two-way communication/consultation. Please see below some example health and wellbeing topics ideas. Below are also communication and consultation methods, and ways of evidencing this as part of the HALO Recognition Award. You may of course have your own ideas on how to evidence this!

It is important that you not only show the communication/consultation methods you have used, but that you can also evidence how you have responded to the insight, feedback or input gained from your parents/ carers. Please contact your HALO Co-ordinator should you have any questions.



## **Example topic areas**

- Seeking input from parents/carers in the development or review of your healthy eating policy.
- Working with parents/carers to improve sustainability and reduce plastic use.
- Involving parents in determining the content of emotional wellbeing take home bags.
- Asking for ideas on how you can support families to prevent childhood accidents in the home.

## **Example communication/consultation methods**

- Surveys/questionnaires
- Feedback boxes
- Online learning journals
- Parents evenings
  
- Setting Facebook page
- Focus groups or events
- 1:1 meetings
- Opinion polls
- Consultation documents (e.g. policies)
- HALO letter to parents

## **Examples of evidencing two-way communication/consultation**

- A photo of 'You said, We did display' in setting
- Online learning journal conversation
- Learning journey next steps conversation
- Summary of feedback from surveys, meetings and events and evidence of changes to policy and practice (e.g. menus, 1:1 support, activities, etc).

### **We Asked...**

As part of our participation in the HALO-East Sussex programme, we would like to apply for the HALO Excellence Award to demonstrate our commitment to supporting the health and wellbeing of our children, staff and families. One of the areas we are looking to make improvements is sustainability, to include reducing plastic use during mealtimes. We would like to hear about any ideas you might have on how we could improve this, and understand how you might be able to support us with this aim (and what might be some of the challenges).

### **You said ...**

We are in support of a move to reduce plastic use during mealtimes at home and at nursery; however we would welcome some ideas on how we might be able to do this with lunchboxes as we want our children's lunch to stay fresh.

One of our parents also recommended a local veg box scheme.

### **We Did...**

We shared some ideas on reducing plastic use and food waste via Tapestry, our Facebook page and our newsletter. We also made a display in the nursery foyer on alternative ideas for wrapping foods, reducing the amount of food options that are provided in a typical lunchbox, and promoted new lunch ideas to reduce pre-packaged foods.

We also contacted the local veg box provider and have started to use these once a week. The children have also visited the local farm where the vegetables are grown.