**Pasta jewellery**

This activity is good for a child's fine motor skills and hand eye coordination, using threading to enhance these.

**What you need:**
- Pasta tubes
- String
- Paints
- Paint brush

**Method**
- Start painting the pasta with colour. Roll them in paint or use a paintbrush to add design, its up to you.
- You can colour your pasta in whatever colours you choose and you can use whatever pasta shapes you like.
- You can add details using a brush like spots and stripes and triangles. Use your creativity.
- Once dry, thread the pasta shapes onto your string and tie it off at the correct length.

For any further support you can contact one of the HALO Coordinators on
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To find resources and information about the Healthy Active Little Ones programme look at our page on czone:
Home> Early Years Foundation Stage> HALO